

Date: 4/29/25

MECHANICAL SOFT GRADES K – 12 LAUSD BREAKFAST, LUNCH, SUPPER MENU AUGUST 18 – 22, 2025					
WEEK 1	MONDAY 8/18	TUESDAY 8/19	WEDNESDAY 8/20	THURSDAY 8/21	FRIDAY 8/22
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée	Cinnamon French Toast V (R2222)	Morning Magic Bagel V (R2292)	Fiesta Bean & Cheese Burrito V (R1099) Optional: Fresh Salsa (R4613)	Hot Honey Chicken Jalapeno Biscuit Sandwich (R0975)	Café LA Coffee Cake V (CMS #2773)
Fruit	Applesauce (R3038)	Peachy Peaches (R3292)	Applesauce (R3038)	Banana (CMS #3204)	Perfect Pears (R3163)
Fruit-Juice (½ c)	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Milk, 8 oz.	Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Entrée	Bean & Cheese Chile Burrito V (R1955) & Fresh Salsa (R4613)	Pepperoni Pizza Wedge (R0730) OR Cheese Pizza Wedge V (R1063)	Chicken Corn Dog (R0920)	Orange Chicken & Broccoli Bowl (R5626)	Spicy Breaded Chicken Sandwich (R0907) OR Breaded Chicken Sandwich (R0958)
Vegetable (½ c)	Cooked Baby Carrots (R4374)	Cooked Broccoli Florets (R4278)	Cooked Fresh Spinach (R4425)	<i>Vegetable Included in Entree</i>	Cooked Baby Carrots (R4374)
Vegetable (½ c)	Berry Berry Blue Slush (CMS #2827)	Potato Smiles (R4176)	Fiesta Pinto Beans (R1912)	Orange Medley Juice (CMS #1308)	Roasted Potato Wedges (R4370)
Fruit, (½ c)	Peachy Peaches, R3292	Applesauce (R3038)	Perfect Pears (R3163)	Applesauce (R3038)	Banana (CMS #3204)
Fruit-Juice (½ c)	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Kiwi Strawberry Slush (CMS #2417)
Milk, 8 oz.	Milk	Milk	Milk	Milk	Milk
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Entrée	Cheeseburger Sliders (R0137)	Cheesy Pillows V (R1119)	Chicken Parmesan Wrap (R5751-DW, R5752-CB)	Fiestada Stuffed Sandwich (Beef & Cheese) (R0159)	Longboard Pizza (<i>Chicken & Jalapeno</i>) (R1156)
Vegetable	Cherry Smooth Cup (CMS #2364)	Paradise Punch Vegetable Juice (CMS #1681)	Cooked Baby Carrots (R4374)	Berry Berry Blue Slush (CMS #2827)	Cooked Broccoli Florets (R4278)
Fruit (½ c)	Perfect Pears (R3163)	Peachy Peaches (R3292)	Cherry Lemon Cup (CMS #2981)	Peachy Peaches (R3292)	Mango Sorbet (CMS #2774)

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Milk, 8 oz.	Milk	Milk	Milk	Milk	Milk
CONDIMENTS B=Breakfast L=Lunch S=Supper	L -Taco Sauce or Tapatio S -Ketchup, Mayo, Mustard	B - Cream Cheese CMS #7097-DW, #9043-CB) Strawberry Jam (CMS #1690)	B - Taco Sauce or Tapatio L - Ketchup, Mustard	L - Sriracha Sauce S -Taco Sauce	L -BBQ Sauce, Ketchup, Mayo, Mustard

All the Grain/Bread items served are whole grain rich.

Milk (Must serve two choices from the following five (5) options – 1. Fat-Free Milk, 2. Low-Fat Milk, 3. Fat-Free Lactose Free Milk, 4. Fat-Free Chocolate Milk, 5. Fat-Free Strawberry) **NOTE:** Flavored Milk (Chocolate & Strawberry) can only be offered for Lunch and Supper for 1st grade and above.

Breakfast: Based on your students' preferences, Deluxe Cereal or 4 oz. Yogurt & Crackers (R5617-DW/ R5618-CB) can be served in place of any breakfast option.

Lunch: Based on your students' preferences and if you would like to give your Mechanical Soft diet additional options, you may serve the following in addition to entrée 1 or in place of it:

1. When appropriate, offer the 8 oz. Yogurt (CMS #7107-DW/#9016-DB and Crackers).
2. Manager's Choice (Sandwich) Daily Options: You can offer any of the following: Yellow Submarine Sandwich (R0771), Turkey Breast & Cheese Sandwich (R0911), Tuna Sandwich (R5619), Toasted Cheese Sandwich (R1086-IW or R1131-scratch) **V**

Fruit: Fresh Banana (CMS #3204) **or** Strawberries (CMS #3246, R3332) can be used any time in place of juice or canned fruit.